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[ACT Like a Sales Pro](#)

Sales Vocal Warm-up Exercises:

93% of what you communicate to another comes from your body language, presence and vocal tone and quality. NOT the words. Are you prepared? A few simple daily exercises like the ones below will increase your ability to communicate clearly and effectively and give you a distinct selling advantage over your competitors!*

Improve clarity by focusing on each area of the mouth:

- Lips: Say: “ba-ba-ba pa-pa-pa” and repeat
- Tongue: “ta-ta-ta da-da-da.” repeat
- Back of throat: “ka-ka-ka ga-ga-ga,” repeat

Improve articulation with tongue twisters:

- Sushi Chef
- Unique New York
- World Wide Web
- Eleven benevolent elephants

Increase your range with vocal slides:

- On an “eeh” sound, start at your lowest range then roll up to the highest note you can reach.
- Reverse, starting at your highest and ending at your lowest

Add variety to your voice:

- Say your pitch while hopping on one foot
- Sing or rap your pitch

***Get the full 7 Minute Power Warm-up**



[ACT Like a Sales Pro including detailed 7 Minute Power Warm-up here!](#)

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Selling using the Secrets of the Performer!

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